

## PROJECT RESULTS

### *Stocktaking report on educational and labour market needs of family carers (PR1)*

An in-depth transnational research on the (labour market) needs of working-age family carers

### *Counselling guidelines for adult education professionals (PR2)*

Specific coaching approaches and methodologies targeted at adult educators and counsellors to support family carers to re-enter the labour market

### *Training modules (PR3)*

Various (e-)learning material targeted at family carers to balance paid work with care and get prepared to re-enter the job market

### *Family Carers Online Hub (PR4)*

An open virtual space to learn, exchange opinions and network with other family carers and find various information on different topics with respect to family care issues.

### *Publication on employment support of family carers (PR5)*

A manual that provides guidance on the implementation of the Care4Carers programme and promotes the necessity for educational and counselling support of family carers



Consortium composed by:



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## ABOUT THE PROJECT

Care4Carers aims to strengthen the position of working-age (female) family carers on the labour market as they are facing major challenges in combining paid work and family care.

The collaborative Erasmus+ project is implemented by an experienced consortium of seven partners working in adult education, vocational training, counselling and healthcare.

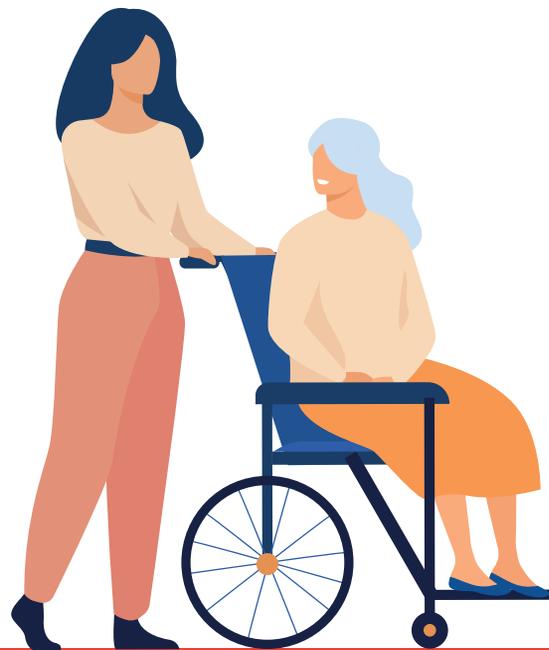
## TARGET GROUPS

- Family carers who want to re-enter the labour market during or after a period of care
- Employed family carers
- Adult educators/ counsellors/social institutions working with family carers
- Policy makers in the field of family care

## OBJECTIVES

Care4Carers aims at creating an innovative support programme that combines counselling, competence development, career orientation and job application training.

Face-to-face trainings and different e-learning materials will be developed to empower female family carers and help them to improve their personal and professional perspectives.



Find more about our project on our website:

<https://care4carers.eu/>

